



BOLIARD'S MARTIAL ARTS
43663 MICHIGAN AVE.
CANTON, MICHIGAN. 48188
☎ 734-397-7010

TEST
2

Name _____

Please Print Carefully!

- | | | |
|---------------------------|-------|--|
| 1. Jung Kwon | _____ | First Two Knuckles Of Fist |
| 2. Kap Kwon | _____ | Back Fist |
| 3. Kwon Do | _____ | Knife Fist |
| 4. Soo Do | _____ | Knife Hand Thumb Tucked, Fingers Together |
| 5. Yuk Soo Do | _____ | Reverse Knife Hand |
| 6. Kwan Soo | _____ | Spear Hand Fingers Together, Thumb Tucked |
| 7. Jang Kwon | _____ | Palm Strike, Using The Heel Of Palm |
| 8. Pal Koop | _____ | Elbow Strike, A.) Front Of Elbow, B.) Back Of Elbow |
| 9. Moo Rup | _____ | Knee Attack |
| 10. Teul Oh | _____ | Twisting |
| 11. Chun Gul Jaseh | _____ | Front Stance |
| 12. Hu Gul Jaseh | _____ | Cat Stance Or Side Stance |
| 13. Ki Ma Jaseh | _____ | Horse Back Stance |
| 14. Jon Kyong | _____ | Respect |
| 15. Kee Cho Means | _____ | The Beginning or Basic |
| 16. Kee Cho Hyung Il Boo | _____ | First Basic Form |
| 17. Kee Cho Hyung Ee Boo | _____ | Second Basic Form |
| 18. Kee Cho Hyung Sam Boo | _____ | Third Basic Form |

APPROVED BY Master Greg Boliard
WORLD MOO DUK KWAN TANG SOO DO FEDERATION